



**Certificate of Training in Obesity for Pediatrics and Adults Virtual Course
May 2024 Agenda**

Day 1 – Wednesday, May 1, 2024 11:00am – 3:00pm ET 8:00am – 12:00pm PT	
Welcome Bonnie T. Jortberg, PhD, RDN, CDCES	11:00 – 11:15am ET 8:00 – 8:15am PT
Chronic Nature of Obesity Dan Bessesen, MD	11:15 – 11:50am ET 8:15 – 8:50am PT
Q&A Dan Bessesen, MD Bonnie T. Jortberg, PhD, RDN, CDCES	11:50am – 12:00pm ET 8:50am – 9:00am PT
Counseling and Behavior Management Craig Johnson, PhD, and Mara Davis, MS, RD, LDN, CD-N	12:00 – 1:00pm ET 9:00 – 10:00am PT
BREAK	1:00 – 1:15pm ET 10:00 – 10:15am PT
Counseling and Behavior Management Roles Plays Craig Johnson, PhD; Mara Davis, MS, RD, LDN, CD-N; and Ellen Sobota, MS, RD, LDN	1:15 – 2:00pm ET 10:15 – 11:00am PT
Delivering Trauma Informed Counseling Ellen Sobota, MS, RD, LDN	2:00 – 2:25pm ET 11:00 – 11:25am PT
Telehealth for Effective Weight Management Laura Andromalos, MS, RD, RN, CSOWM, CDCES	2:25 – 2:45pm ET 11:25 – 11:45am PT
Q&A and Wrap Up Bonnie T. Jortberg, PhD, RDN, CDCES	2:45 – 3:00pm ET 11:45am – 12:00pm PT
Day 2 – Thursday, May 2, 2024 11:00am – 3:00pm ET 8:00am – 12:00pm PT	
Welcome and Overview Bonnie T. Jortberg, PhD, RDN, CDCES	11:00 – 11:05am ET 8:00 – 8:05am PT
Navigating Challenges Toni Toledo, MPH, RDN and Vanessa Thornton, MS, RD, CSP	11:05 – 11:55am ET 8:05 – 8:55am PT
BREAK	11:55am – 12:10pm ET 8:55am – 9:10pm ET
Navigating Challenges II Toni Toledo, MPH, RDN; Dana Engel, MPH, RD; and Vanessa Thornton, MS, RD, CSP	12:10 – 1:10pm ET 9:10 – 10:10am PT
BREAK	1:10 – 1:20pm ET 10:10 – 10:20am PT
Physical Activity: Pediatric and Adult Corby Martin, PhD and Dana Engel, MPH, RD	1:20 – 2:30pm ET 10:20 – 11:30pm PT
Core Content Practice Pearls and Wrap Up Bonnie T. Jortberg, PhD, RDN, CDCES	2:30 – 3:00pm ET 11:30am – 12:00pm PT

Day 3 – Wednesday, May 8, 2024 11:00 am – 3:00 pm ET 8:00 am – 12:00 pm PT	
Welcome Linda Gigliotti, MS, RD, CDCES, FAND	11:00 – 11:05am ET 8:00 – 8:05am PT
Fundamentals of Pediatric Obesity Vanessa Thornton, MS, RD, CSP	11:05 – 11:55am ET 8:05 – 8:55am PT
Q&A Vanessa Thornton, MS, RD, CSP Linda Gigliotti, MS, RD, CDCES, FAND	11:55am – 12:05pm ET 8:55am – 9:05am PT
Client Encounter - Across the Lifespan Case Study Introduction Linda Gigliotti, MS, RD, CDCES, FAND	12:05 – 12:10pm ET 9:05 – 9:10am PT
Client Encounter – Pregnancy and Toddlerhood Dana Engel, MPH, RD and Vanessa Thornton, MS, RD, CSP	12:10 - 12:50pm ET 9:10 - 9:50am PT
BREAK	12:50 – 1:00pm ET 9:50 – 10:00am PT
Client Encounter – Childhood and Adolescence Dana Engel, MPH, RD and Vanessa Thornton, MS, RD, CSP	1:00 – 1:55pm ET 10:00 – 10:55am PT
Pediatric and Adolescent Wrap Up Linda Gigliotti, MS, RD, CDCES, FAND	1:55– 2:05pm ET 10:55 – 11:05am PT
BREAK	2:05 – 2:15pm ET 11:05 – 11:15am PT
Health Promotion Throughout the Lifecycle Dana Engel, MPH, RD	2:15 – 2:50pm ET 11:15 – 11:50am PT
Wrap Up Linda Gigliotti, MS, RD, CDCES, FAND	2:50 – 3:00pm ET 11:50am – 12:00pm PT

Day 4 – Thursday, May 9, 2024 11:00 am – 3:00 pm ET 8:00 am – 12:00 pm PT	
Welcome & Client Encounters Introduction Linda Gigliotti, MS, RD, CDCES, FAND	11:00 – 11:05am ET 8:00 – 8:05am PT
Client Encounter: Young Adult Corby Martin, PhD	11:05 – 11:30am ET 8:05 – 8:30am PT
Client Encounter: Adult Bonnie T. Jortberg, PhD, RDN, CDCES	11:30 – 11:55am ET 8:30am – 8:55am PT
Q&A Linda Gigliotti, MS, RD, CDCES, FAND	11:55am – 12:10pm ET 8:55am – 9:10am PT
BREAK	12:10 – 12:20pm ET 9:10 – 9:20am PT
Client Encounter: Mid-Adult Laura Andromalos, MS, RD, RN, CSOWM, CDCES	12:20 – 12:45pm ET 9:20 – 9:45am PT
Client Encounter: Older Adult Bonnie T. Jortberg, PhD, RDN, CDCES and Cindy Heiss, PhD, RD, LD, CDCES	12:45 – 1:10pm ET 9:45 – 10:10am PT
Client Encounters – Wrap Up and Q&A Linda Gigliotti, MS, RD, CDCES, FAND	1:10 – 1:30pm ET 10:10 – 10:30am PT
BREAK	1:30 – 1:40pm ET 10:30 – 10:40am PT
Program Management and Practice Pearls Bonnie T. Jortberg, PhD, RDN, CDCES; Mara Davis MS, RD, LDN, CD-N; and Ellen Sobota, MS, RD	1:40 – 2:30pm ET 10:40 – 11:30am PT
Adult Weight Management Wrap Up Evaluation and Post-Assessment Linda Gigliotti, MS, RD, CDCES, FAND	2:30 – 3:00pm ET 11:30am – 12:00pm PT